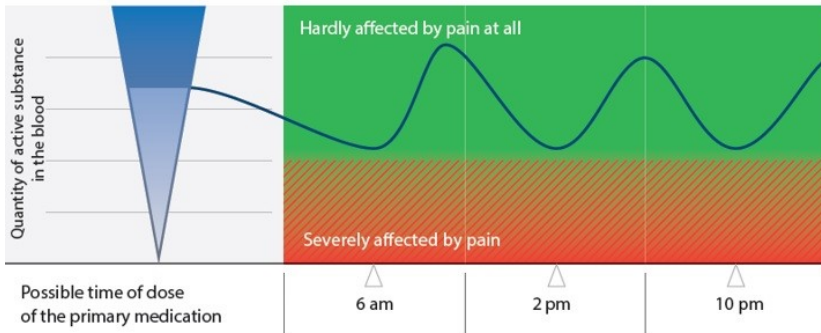


Pain relief with drugs

The aim of good pain treatment is that you should hardly feel affected by the pain at all. For this reason, the drugs (primary treatment) are adjusted to your needs. Take them as prescribed.

The drugs help you best when a constant amount of active substance is always present in your bloodstream. For that reason, the doses of the drugs should be distributed over 24 hours a day.

Example of “round-the-clock” drug treatment.



If you have severe pain despite taking your primary treatment regularly:

- Take reserve medicines in addition to the drugs on fixed prescription.
- Don't wait it out, even out of fear of not having suitable treatment available later..
- If you need to take reserve medicines more frequently than 3 times daily on 3 consecutive days, this is a sign that the dosage of your primary treatment should be adjusted. Consult the treatment team.

There are various groups of painkillers. One group of drugs is known as the opiates; these work in a similar way to the body's own pain-relieving substance, endorphin. If you have any questions or concerns about the prescribed painkillers, consult the treatment team.